

December 2022							Jan 2023 ▶
◀ Nov 2022	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	28 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	29 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	30 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	1 Practice G: 3:30 – 5:00 B: 5:00 – 6:30 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	2 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00	3 Practice B: 10-12 Varsity Only Off-Ice Weight Room 9am-12pm	
	4 Practice	5 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	6 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	7 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Swim Practice: 2:30-5:00	8 Practice B: 2:30 – 4:00 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	9 B: 2:30 – 4:30 Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00	10 Practice FR Boys: Away Nashoba Tech 10:00 B: 9-11Varsity Only Off-Ice Weight Room 9am-12pm
	11 Practice	12 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	13 Boys Home: Nashoba 4:00 & 5:30 Girls Away Bus 3:45 Nashoba 5:00 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	14 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Hockey HOME GAME Rink 1 – 8pm Vs. Essex Tech Swim: Minuteman @ Mystic Valley	15 Practice B: Fr/JV: 2:30 – 3:20 G: 3:30 – 5:00 B: 5:00 – 6:30 Hockey AWAY GAME Hallenborg – 7:10pm @ Shawsheen Bus @ 5pm Swim Practice: 2:30-5:00	16 Boys Away:Bus 3:45 Northeast 5:00 – 6:30 Ice Practice Rink 1 430pm-530pm Swim: Minuteman @ Lynn Tech	17 FR Boys: Home Northeast 10:00 Hockey HOME GAME Rink 2 – 6:20pm Vs. GLTS/Nashoba
	18 Practice B: Varsity Only 10:00-12:00	19 Practice B: 2:30 – 3:45 Girls Home: Roxbury Prep 4:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	20 Boys Home: Whittier 6:00 Girls Home: Whittier 4:30 Off-Ice Game Film – Shawsheen 245pm-4pm Swim Practice: 2:30-5:00	21 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Hockey HOME GAME <i>Rink 1 – 8pm Vs. Shawsheen</i> Swim Practice: 2:30-5:00	22 Practice G: 2:30 – 3:45 Boys Home: Murdock 4:00 & 5:30 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	23 No Practice Ice Practice Rink 1 140pm-240pm Swim Practice: 2:30-5:00	24 No Practice
	25 Christmas	26 No Practice Ice Practice Rink 2 10am-11am	27 Practice-TBD Hockey AWAY GAME Wallace Civic Center 1:30pm @ St. Bernard's	28 Freshman Festival Off-Ice Weight Room/Film 10am-2pm	29 Practice-TBD Off-Ice Weight Room 10am-2pm	30 Practice-TBD FR Boys: Away Shawsheen 10:00	31

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 New Year's Day</p>	<p>2 No Practice Ice Practice Rink 2 4pm-5pm</p>	<p>3 Practice Girls Home: Tri-County 3:30 - 5:00 B: 2:30 – 3:15 Varsity: 6:15 – 8:00 Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00</p>	<p>4 Boys Home: Rox Prep 4:00 & 5:30 Hockey Off-Ice Game Film - Northeast 245pm-4pm Swim: Minuteman @ Northeast</p>	<p>5 Practice B: Fr/JV: 2:30 – 3:20 B: 3:30 – 5:00 G: 5:00 – 6:30 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00</p>	<p>6 Boys Home: Fellowship 4:00 Girls Away: Bus 3:45 Fellowship 5:00 Hockey Ice Practice Rink 1 430pm-530pm Swim: Minuteman @ Gr. Lawrence</p>	<p>7 FR Boys: Home Whittier 10:00 G: 8:00-10:30 Hockey AWAY GAME Everett Arena 7:00pm @ Northeast Bus @ 5pm</p>
<p>8 Practice B: Varsity Only 10:00-12:00</p>	<p>9 Boys Away: Bus 3:15 Whittier 6:00 Girls Away Whittier 4:30 Hockey AWAY GAME NESC – 6pm @ Hudson Bus @ 4 Swim Practice: 2:30-5:00</p>	<p>10 Boys Away: Bus @ 2:45 Mystic 4:00 & 5:30 Girls Away NDA 5:00 Hockey Off-Ice Game Film – Essex Tech 3pm-4pm Swim Practice: 2:30-5:00</p>	<p>11 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Hockey AWAY GAME Essex Sports Center – 6:30pm @ Essex Tech Bus @ 4:30pm Swim: Minuteman @ Shawsheen</p>	<p>12 Practice G: 3:30 – 5:00 B: 5:00 – 6:30 JV Boys Away: NDA 4:00 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00</p>	<p>13 Girls Home: Kipp 4:00 – 5:30 Hockey AWAY GAME Warrior Arena – 8pm @ St. Joe's Swim Practice: 2:30-5:00</p>	<p>14 FR Boys: Home Essex Tech 10:00</p>
<p>15 Practice</p>	<p>16 Martin Luther King Jr. Basketball Practice- B: 10-12 G: Hockey HOME GAME Rink 1 – 5:40pm vs. St. Bernard's Swim Practice: 2:30-5:00</p>	<p>17 Boys Away: Bus 2:45 Lynn Tech 4:00 & 5:30 Girls Home: Lynn Tech 5:00 & 6:30 Hockey Off-Ice Game Film – St. Joe's 3pm-4pm Swim: Minuteman @ Greater Lowell</p>	<p>18 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Hockey Ice Practice: TBD (Game vs St. Joe's TBD) Swim Practice: 2:30-5:00</p>	<p>19 Practice Boys Away: Bus 3:45 Nashoba 4:00 & 5:30 B: G: 3:30 – 5:00 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00</p>	<p>20 Boys Home: Innovation 4:00 & 5:30 Girls Away: Bus 3:45 Innovation 5:00 Hockey Ice Practice Rink 1 430pm-530pm Swim: Minuteman @ Blue Hills</p>	<p>21 FR Boys: Home Gr Lawrence 10:00 Hockey Off-Ice Weight Room 9am-12pm Swim: Minuteman @ Inn/LC/Nashoba</p>
<p>22 Practice B: Varsity Only 10:00-12:00</p>	<p>23 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00</p>	<p>24 Boys Home: Essex 4:00 & 5:30 Girls Away: Bus 3:45 Kipp 5:00-6:30 Hockey Off-Ice Game Film – Swampscott 3pm-4pm Swim Practice: 2:30-5:00</p>	<p>25 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Hockey HOME GAME Rink 1 – 8pm Vs. Swampscott</p>	<p>26 Practice B: Var 2:30 – 3:20 Girls Home: NDA 4:00-5:30 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00</p>	<p>27 Girls Home: Nashoba 4:00 - 5:30 Hockey Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00</p>	<p>28 FR Boys: Away Gr Lowell 10:00 Hockey HOME GAME Rink 2 – 6:20pm Vs. Hudson</p>
<p>29 Practice B: Varsity Only 10:00-12:00</p>	<p>30 Boys Home: Northeast 5:00 & 6:30 Girls Away: Bus 2:00 Tri-County 3:30 & 5:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00</p>	<p>31 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Swim Practice: 2:30-5:00</p>				

February 2023						
◀ Jan 2023						Mar 2023 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Boys Away: Essex 4:00 & 5:30 Bus 2:45 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 Hockey AWAY GAME Salem State 7:30pm @ Swampscott Bus @ 5pm Swim Practice: 2:30-5:00	2 Practice B: Fr/JV: 2:30 – 3:20 B: 3:30 – 5:00 G: 5:00 – 6:30 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	3 Boys Home: Shawsheen 5:30 Girls Away: Gr Lawrence 5:00 & 6:30 Hockey Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00	4 FR Boys: Home Lynn Tech 10:00 Hockey HOME GAME Rink 2 – 6:20pm Vs. St. Paul SENIOR NIGHT
5 Super Bowl	6 Practice G: 2:30 – 4:00 B: 2:30 – 4:00 JV Boys Home: NDA 4:00 – Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	7 Boys Away: Van 2:30 Fellowship 4:00 Girls Home: Fellowship 4:00 Hockey AWAY GAME Chelmsford Forum – 7:10pm @ GLTS/Nashoba Bus @ 5pm Swim Practice: 2:30-5:00	8 Boys Home: Medford 5:30 Practice B: 2:30 – 3:30 G: 3:30 – 5:00 Hockey Off-Ice Weight Room 245pm-4pm Swim Practice: 2:30-5:00	9 Practice B: Fr/JV: 2:30 – 3:20 G: 3:30 – 5:00 B: 5:00 – 6:30 Hockey Off-Ice Game Film - Gardner 245pm-4pm Swim Practice: 2:30-5:00	10 Boys Home: Mystic 5:30 Girls Home: Gr Lawrence 4:00 Hockey Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00	11 FR Boys: Away Lowell Catholic 10:00 B: 9:00-11:00 Hockey AWAY GAME Gardner Arena 5:30pm @ Gardner
12 Practice Hockey AWAY GAME Janus Arena (Lowell) – 2pm @ Lowell Catholic	13 Practice B: 2:30 – 4:30 G: 4:30 – 6:00 Ice Practice Rink 2 4pm-5pm Swim Practice: 2:30-5:00	14 Boys Home: Lynn Tech 5:00 & 6:30 Girls Away: Bus 3:45 Lynn Tech 5:00 & 6:30 Off-Ice Game Film – Northeast 2:45-4 Swim Practice: 2:30-5:00	15 Practice G: 2:30 – 4:00 B: 4:00 – 6:00 FR Boys: Away Gr Lawrence 3:30 Hockey HOME GAME Rink 1 - 8pm Vs. Northeast Swim Practice: 2:30-5:00	16 Practice B: 2:30 – 3:45 Var Girls Home: Innovation 4:00 & 5:30 Hockey Off-Ice Weight Room 2:45pm-4pm Swim Practice: 2:30-5:00	17 Boys Away: Bus 4:30 Innovation 6:00 Hockey Ice Practice Rink 1 430pm-530pm Swim Practice: 2:30-5:00	18
19	20 Presidents Day	21 Practice-TBD	22 Practice-TBD Ash Wednesday	23 Practice-TBD	24 Practice-TBD	25
26	27	28				

◀ Feb 2023

March 2023

Apr 2023 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8 Int'l. Women's Day	9	10	11
12 Daylight Saving Begins	13	14	15	16	17 Saint Patrick's Day	18
19	20 Start of Spring (Spring Equinox)	21	22	23	24	25
26	27	28	29	30	31	