



Summer 2022

Dear prospective player,

The girls' soccer team will start pre-season activities on Tuesday, August 23, 2022. This week will be dedicated to the basics – running, stretching, drills and rules. Please come prepared with running shoes, cleats, shin guards and water.

This week should not be the first time you touch a soccer ball or run all summer! You need to be prepared because our first game is the first week of September.

Although Minuteman offers a no-cut policy, this rule does not mean that all athletes are entitled to the same amount of playing time during the season. This is a varsity sport – not an intramural or town team. **All athletes are expected to attend all practices and games.** Work and/or Co-op are not an excuse to miss either practice or a game. Please make a decision prior to the start of the season. If your priorities are work related, please reconsider being on the team. It is not fair to the other girls.

All athletes need a recent (within one year) physical to participate in high school sports. Students must submit a copy of the physical. The permission form signed by your parent/guardian is also required before athletes are allowed to participate – **YOU MUST COMPLETE THE ONLINE REGISTRATION, THE CONCUSSION TEST AND SUBMIT A RECENT PHYSICAL ASAP!**

Please be at Minuteman on Tuesday, August 23<sup>rd</sup> at 2:45 pm. Our schedule for that first full week will be as follows:

Tuesday, August 23 <sup>rd</sup>	2:45 pm	2 hours	At Minuteman
Wednesday, August 24 <sup>th</sup>	2:45 pm	2 hours	At Minuteman
Thursday, August 25 <sup>th</sup>	2:45 pm	2 hours	At Minuteman

If you have any questions or concerns, please feel free to email me at [ddempsey@minuteman.org](mailto:ddempsey@minuteman.org). I look forward to working with you all in the fall!

Sincerely,

Diane Dempsey  
Guidance Counselor  
Girls Varsity Soccer Coach