



August 2022 – Fall Cheerleading

To prospective student athletes:

The Fall Cheerleading preseason will begin on Sunday August 21<sup>st</sup> from 8am to 4pm. Students must bring a water bottle, snack and a lunch. Preseason will continue Monday through Friday 8/22 through 8/26 with practice being held 10am to 2pm. All summer practices are mandatory for anyone wishing to join the team.

Our first practice should not be the first time you begin stretching, conditioning or working out all summer. In order to be properly prepared these are things that each athlete is doing consistently every day – in order to be successful and also safe.

Although Minuteman offers a no-cut policy, this rule does not mean that all athletes are entitled to participate at every game or competition during the season. This is a varsity sport – not an intramural or town team. **All athletes are expected to attend all practices and games.** Work and/or co-op are not an excuse to miss either practice or a game. Please make a decision prior to the start of the season. If your priorities are work related, please reconsider joining the team. It is not fair to the other students.

All athletes need a recent (within one year) physical to participate in high school sports. Students must submit a copy of the physical. The permission form signed by your parent/guardian is also required before athletes are allowed to participate. **All of the online forms – PERMISSION, CONCUSSION, ANTI-HAZING AND RECENT PHYSICAL must be submitted ASAP!**

All of our scheduling and any information needed is available on our team Band (app). Once you join the team, contact Head Coach Brickley for the invite to join. If you have any questions going forward, please feel free to reach me at [kbrickley@minuteman.org](mailto:kbrickley@minuteman.org).

Sincerely,

Kristin Brickley  
Head Cheerleading Coach