

## Child Development Center at Minuteman Regional High School

The Child Development Center is a part of the Minuteman Regional High School, which serves 800 students from over 16 towns. The Center is operated by the Early Childhood Education Department and serves as an internship site where high school students are mentored by experienced early childhood professionals.

- Spacious, well designed classrooms and activity areas.
- Adjacent, fenced, well-equipped outdoor play area.
- Developmentally appropriate curriculum compliant with the DOE Guidelines for Preschool Experiences.
- Low child-teacher ratio.
- Certified, experience early childhood professionals.
- Accredited by the National Association for the Education of Young Children and the National Academy of Early Childhood Programs.
- Flexible schedules to meet individual families' needs.
- Rolling enrollment as spaces are available.

## General Information

**Age Range** ..... 2 ½ years to 5 years

**Hours of Operation**.7:30am–6:00 pm

**Tuition** .... See Insert for Current Fees

**Calendar** .....Public School Schedule

**Number of Students Enrolled:**

*10 Half Day & 15 Full Day*

**Teacher – Child Ratio:**

*1:6*

## Staff

1 Director

2 Certified Early Childhood Teachers

1 Assistant Teacher

3-6 High School Student Interns



## Child Development Center at Minuteman Regional High School



758 Marrett Road  
Lexington, MA 02421-7313  
781-861-8824  
[www.minuteman.org](http://www.minuteman.org)

## Philosophy

*Research shows that the first five years in a child's life are the most critical for the brain development.*

**A**s an educational facility as well as an early childhood program, the following is a statement of our philosophy:

*"We are committed to the total developing child as we strive to meet his/her cognitive, physical, social, emotional, and creative needs."*

Our curriculum is developmentally appropriate and based on the Department of Education Guidelines for Preschool Experiences. The daily schedule and activities are planned using a curriculum theme unit system as well as projects inspired by children's interests.

A theme such as "Families" is developed through art, books, songs, dramatic plays and other relevant activities. The children are then exposed to the ideas and a material related to the theme, and what they learn is based on individual abilities and development levels. Learning and skill development occurs "incidentally" through play, the perfect educational medium for the preschool children.



## Curriculum & Daily Schedule

For most of the day, the children are heterogeneously or "family" grouped which affords them the opportunity to play and learn on many levels. The older children gain tolerance and learn leadership skills while the younger ones are exposed to a broader range of experiences. Through open-ended curriculum activities, each child also experiences success and perceives school as a positive place.

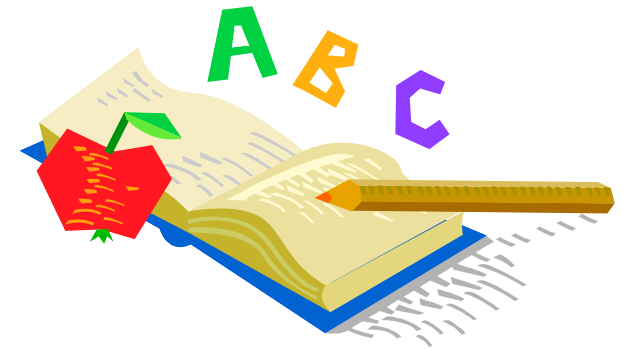
Daily Schedule	
7:30 – 9:00	Arrival/Free Play
9:00 – 9:45	Outside Play/Open Snack
9:45 – 10:15	Circle Time
10:15 – 10:40	Outside Play/Walks
10:40 – 11:30	Theme/Project Related Activity
11:30	A.M. Pickup (Option 1)
12:00 – 12:30	Lunch
12:30	Pickup (Option 2)
12:30 – 1:00	Small Group Activities
1:00 – 2:30	Rest Time
2:15 – 3:15	Choice Time/Snack
3:15 – 4:00	Group Activities/Outside Play
4:00 – 6:00	Extended Hours/ Group Activities

## Our Goal

Our goal is to both educate and nurture. When children spend a great portion of their day in an environment outside the home, they need both perceptual stimulation and emotional support to foster healthy growth and development.

The daily schedule allows for a balance of activities. Active and quiet time, large group, small group, and individual space, as well as planned indoor and outdoor activities are all incorporated into the day's events. Our low child/adult ratio provides optimal supervision; however, children are encouraged to be self-sufficient and to explore and discover without being "smothered" by too much adult intrusion.

In conclusion, we provide an atmosphere where children can spend time alone, with peers, and with adults, promoting an appropriate balance; we offer stimulating activities to encourage a sense of self-worth, social competence, and a love for learning in an environment where each child can grow.



**For More Information**  
781-861-8824

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